



# Play Alloa Fundraising: 'Give up Something' Challenge Guide

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Thinking about giving something up for charity? Why not give something up for Play Alloa and help support our sessions and service users? This is an easy to set up fundraising idea that required willpower and determination!

## How it works

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1. **Choose what is you are willing to give up.** The more challenging it is the more money you could raise as your friends and family will be able to see how determined you are! **Please make sure if you are giving up something you are normally dependent on speak to your GP first! Keep yourself safe.**

Popular things that people give up for their fundraiser:

- Chocolate
  - Technology
  - Talking
  - Alcohol
  - Tea/Coffee
2. **Set up your Fundraiser Page.** Just Giving Pages are usually set up for fundraising as they are easy to create and manage, and funds raised are sent directly to us at no extra cost! If you would like help setting up your Just Giving Fundraising Page, please email [development@playalloa.co.uk](mailto:development@playalloa.co.uk)
  3. **Advertise your Fundraising page on social media.** You can update everyone on how you are getting on with your challenge and thank everyone for their support.
  4. **Mark your Milestones.** When you reach days or weeks that you have went without the thing you are giving up, make sure you celebrate your achievement, alongside how much you have raised throughout your journey!

## Remember:

1. **Tell us your ideas/plans ([development@playalloa.co.uk](mailto:development@playalloa.co.uk))**
2. **Connect with our social media/fundraising platforms/donation sites**
3. **Let us know if we can help**
4. **Keep in touch**